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Theodore J. Kaczynski
HCR 30 Box 27
Lincoln MT 59639
September 2, 1991

Dr. Carolyn C. Goren
P.O. Box 7189
Missoula MT 59807-7189

Dear Dr. Goren:

I respond to the note dated August 22 that I've received from your nurse, Ms. Cooper.

As far as I can tell, I am doing well with respect to my health. For the most part I have been able to avoid stress during the last few months. I still experience irregular heart beats now and then, but very much less often than I'd been experiencing them in the period preceding my visit to your office. I haven't kept count, but I would guess that I feel a skipped beat or similar irregularity less than once a day, on the average. I still sometimes experience a vibrating sensation in my chest at night, lasting perhaps half a minute, but I think this happens much less often than formerly.

I may still have a little tendency to insomnia, but very much less than during the period immediately preceding my visit to your office. On most nights I get enough sleep -- in the neighborhood of 8 hours.

There's something else about which I'd like to consult you, though only by stretching a point pretty far can it be considered a medical matter. It does have to do with the "heart," but only in a figurative sense. A little more than four months ago I met a woman whom I liked a great deal. Just about at the end of April I consulted her in her professional capacity. She

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seemed to be highly intelligent and capable, and for reasons that I won't try to analyse here, I liked her personality very much. She had the nicest blue eyes.

I've thought about her often since then and I'd like to get to know her better, but at the moment it doesn't look as if I will have occasion to consult her again professionally in the near future. I thought of phoning her at her office and asking her out to dinner, but she might not want to receive calls of that nature at her office. And I'd certainly look like a fool if it turned out she were married. I have a vague impression that she wasn't wearing a wedding ring, but that may be just wishful thinking, since I didn't make a point of noticing her left hand when I visited her office. At that time I was mainly concerned with the matter about which I was consulting her and only afterward did I begin to wonder whether she was married.

Also, if I asked her out to dinner and she wasn't interested, and if I later had occasion to consult her again professionally, she might feel uncomfortable for fear that I might make unwelcome advances to her. I would under no circumstances make advances to a woman if I had reason to think that those advances would be unwelcome, but she doesn't know that.

Well, what do you think? Dare I call her office and ask her out to dinner? Shall I do something else? Or had I best forget about her except when I may need to consult her in her professional capacity?

If you care to give me any advice on this point I will appreciate it very much.

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Sincerely yours,

Ted Kaczynski

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